

The new cycle for HSA benefits started July 1st!

The new cycle for HSA earning started July 1, 2023. It's never too early to start earning your HSA incentive dollars for 2024!

Frequently Asked Questions

How much money can I earn toward my HSA?

- Employees (and covered spouses) can earn up to \$500 each for completing all aspects of the HSA offerings (see chart).

If I get my annual physical now, when will the money appear in my HSA?

- Any HSA incentives completed between July 1, 2023- December 31, 2023 will be awarded into your HSA in February of 2024.
- HSA incentives completed starting January 1, 2024 will be awarded on a monthly basis as incentives are earned and verified.

Where can I get my annual physical?

- Physicals may be scheduled and obtained at the Wayne Township Wellness Center (Employee Clinic) by visiting www.hendricks.org/WellnessCenters and click on "Schedule Now."
- If you choose to get your physical at your doctor's office, you will need to have your doctor's office fill out the [Outside Provider Form](#) and fax it to (317) 718-2955

Is fasting required before my physical?

- Yes, it is recommended to fast for 10 hours prior to your physical to obtain the most accurate biometric screening results.

Does MSD of Wayne Township receive a copy of my biometric screening results?

- No, private health information is not shared with Wayne Township. Wayne Township receives reports of aggregate data only to meet the needs of the overall health of the population.
- Incentives are reported in total dollar amounts, not which biometric standards an individual met.

How can I earn my full incentive if I don't meet the Healthy Standards in my biometric screening?

- Wellness Coaching is offered as an alternative to meeting all 4 Healthy Standards.
- 4 Wellness Coaching appointments must be attended to earn the remaining HSA incentive if all biometric Healthy Standards are not met.
- Wellness Coaching appointments can be scheduled by emailing wellnesscoach@wayne.k12.in.us



\$300
HSA

Schedule/ complete annual physical wellness exam



Make an appointment at the Wayne Township Wellness Center (employee clinic) or at any of the Hendricks Wellness Centers -OR- Make an appointment at your doctor's office, have them complete the Outside Provider Form, and fax to (317) 718-2955

\$100
HSA

Meet Healthy Standards*

\$25 for BMI

less than 25, *OR* waist circumference of <40" for men, <35" for women

\$25 for Blood Pressure

less than or equal to 120/80

\$25 for Hgb A1c

less than or equal to 5.7

\$25 for Triglycerides

less than or equal to 150



*4 Wellness Coaching sessions

may be completed to earn the full HSA incentive if one or more Healthy Standards are not met.

All 4 Wellness Coaching sessions need to be completed by Oct 31, 2024

\$100
HSA

Complete the 3 Wayne Wellness Signature Series Modules



If you don't have a Healthie Account, email the Wayne Wellness Team at wellnesscoach@wayne.k12.in.us to receive a setup link and further instructions. Complete each module and the related quizzes to earn your incentive by June 30, 2024.